

Athletic Coaching

Minor

The Athletic Coaching minor will give future coaches the foundation to work with both individuals and athletic teams at a variety of ages and levels, from youth to collegiate to adult sport and from interscholastic to intercollegiate to recreational sport. Students will:

- Receive an integrated series of coaching-related courses focused on the critical skills and knowledge regard to succeed in coaching
- Complete a practical, hands-on coaching field experience
- Master the development of specific, measurable, attainable, relative, and time-framed (SMART) goals
- Gain leadership experience within a coaching setting that allows for the development of vision and mission statements
- Draft a personal coaching philosophy for use in job-seeking
- Strengthen personal and professional communication skills within a diverse community of athletes, coaches, parents, and others.

No one course or program can make an individual an effective sport coach, but we believe that leadership is learned not a born, and our program emphasizes the skillset necessary to develop a professional coaching mindset.

The athletic coaching minor requires 18 credit hours beyond general education and degree requirements and includes the following:

Minor Requirements | 18 Credit Hours

Class Name	Credit Hours
SPT 301 Sport Marketing	3 credit hours
SPT 331 Theories of Coaching Intercollegiate Sports	3 credit hours
SPT 334 Coaching Youth Sports	3 credit hours
SPT 444 NCAA Compliance	3 credit hours
SPT 492 Sport Leadership	3 credit hours
Choose one of the following (one course/three credit hours):	
SPT 411 Sport Law	3 credit hours
SPT 401 Coaching Field Experience	3 credit hours